OUR CARE:

MBCH CFM Ministries and programs fall into one of three categories:

1. **PREVENT:** These are ministry areas which seek to prevent families and individuals from disrupting and separating. Services are geared toward addressing the immediate needs while also supporting long-term stabilization for the family.

2. **PROVIDE:** These ministries provide direct service to the families and individuals in need. Our staff are the immediate area of resource for these youth, families, and adults.

3. **PARTNER:** These ministries support youth, families, and individuals as they seek to address needs in their lives, however that may present.

PREVENT SERVICES

Prevent services are provided to help families thrive and stay together safely.

Pregnancy In-Home Services (PS In-Home) and Home Visitation (HVS)/Home-based Services:
We partner with Lutheran Family and Children's Services in St. Louis, Southeast Missouri, and Kansas City to provide in-home services to pregnant women and their families. We utilize a curriculum that is designed to support parents in raising their children in a safe, nurturing environment. Our goal is to help break cycles of abuse/neglect as well as support in helping families who are living in impoverished situations.

In addition, the LIGHT House in the Kansas City area offers home-based services which provide visitation services and case management support to pregnant women and their families. Included with this program is the offer of counseling services.

Drop-In Center for Families:
This center is open to families currently active with any of our programs and can be used for a variety of purposes. We have a kitchen, laundry facilities, tv/game area, computers with internet access for job searching, etc.

Stronger Family Services (SFS):
This is our newest program, which has been in existence for a little over 1 year. This program provides time-limited support (up to 90 days) and services to children and families in the St. Louis area that are experiencing factors or situations that put them at risk for separation. A range of preventive services, from further upstream family preservation and stabilization to more intensive family preservation services, can be provided by the SFS program.

Counseling Services:
MBCH Children and Family Ministries offers counseling to individuals, couples, and families to help people experience growth in all areas of life. It is our hope that by the end of the therapeutic process, clients have gained insight mentally, emotionally, physically, and spiritually.

Our therapeutic interventions are integrative of all therapy models in that we provide a person-centered, individualistic approach to meeting the needs of our clients. We will provide an atmosphere of unconditional acceptance and belonging as clients work on some very difficult life situations.

PROVIDE SERVICES

Provide services assist individuals as they seek independence and self-sustainability.

Transitional Living Group Home (TLG)/Pregnancy Services:
With little or no family support system, young people who are aging out of the foster care system are at significant risk of failing to become independent, successful adults. The MBCH Children and Family Ministries Transitional Living Group Home provides the opportunity for young people between the ages of 16-21 to transition out of residential care or foster care into independence.

The TLG program in St. Louis at the Lowe-Frillman Campus is for young ladies between the ages of 16-21 who are pregnant or have young children (up to age 2). These clients receive services to help them plan for their children in addition to receiving the services described below.

To give these youth the best possible chance to succeed in life, we provide training programs to develop independent living skills necessary for these youth to live on their own. The goal is to teach self-sufficiency through education, employment, and good decision-making. MBCH Children and Family Ministries also recognize that while these youth need to develop independent living skills, they also need family support. We assist them by either helping them reconnect to their biological family (when appropriate) or finding those who can function as a family for them.

> ***Note:***
> *MBCH is in the process of offering Structured TLP for boys on the Mt. Vernon campus. This ministry will be offered in the same facility that previously housed Therapeutic Group Home. This program will achieve two primary goals: 1 – many of the referrals we have gotten over the past couple of years are for youth not prepared for the freedom that comes with traditional Transitional Living programs. This program can serve as a way of accommodating these higher needs youth. 2 – this program can serve as a 'feeder' for our TLP offered on the Mt. Vernon campus.*

The LIGHT House Maternity Home:
Located in Kansas City, this home offers support to pregnant & parenting moms ages 14-21. These youth may or may not be in foster care but all have the focus of learning to be parents while also aging toward independence.

Transitional Living Scattered Sites Apartments (TLSSA):
MBCH Children and Family Ministries provides furnished apartments in the community for young men and women. The youth live on their own, where they apply the skills they have learned. We provide this service in St. Louis and Springfield.

The youth have regular contact with an off-site case manager who helps them continue to learn and practice life skills such as:

- Money management
- Maintaining a job
- Daily living skills
- Relationship skills
- Self-support

Services to Intellectually & Developmentally Disabled Adults (IDD):
Through two group homes, one in Peculiar called Country Haven, and one in Springfield called The Branches at Brookline, intellectually and developmentally disabled adults are served. Because MBCH respects the right of the IDD adult to be as autonomous and as independent as possible, striking a healthy balance between independence and supported group living is of paramount importance.

PARTNER SERVICES

Partner services walk alongside individuals and families as they navigate crises, struggles, and seek restoration.

Family Foster Care (FFC):
MBCH partners with Missouri Alliance for Children and Families as well as KVC through the Foster Care Case Management Contract to provide case managers who work to find permanency for children/youth in state custody. Permanency can occur by children/youth being reunified with their parents or through guardianship or adoption by a relative or someone else who has a connection/relationship with the child/youth. We provide this service in St. Louis, Springfield, and Joplin.

Treatment Family Care (TFC):
Treatment Relative Providers or Treatment Foster Parents provide care to children/youth with moderate to severe trauma to help stabilize them and prepare them for permanency. Treatment Family Care Specialists provide 24/7 assistance. We provide this services in St. Louis, Springfield, Joplin, and Kansas City.

Family Resource Development (FRD):
MBCH recruits and trains relative providers and foster parents to care for children/youth in state custody. Once the family is licensed Family Resource Development Specialists provide support for the family. We provide this service in St. Louis, Springfield, Joplin, and Kansas City.

Chafee Older Youth Services:
MBCH works with older foster youth (ages 14-21) who are working toward independence as they age out of the foster care system. This program focuses on independent living skills, education, employment, parenting skills, etc.

Church Engagement:
Church Engagement seeks to create and provide opportunities for people of faith to connect with the needs of children and families in their communities.

As churches serve the least of these in their local area, it provides missional and discipleship opportunities for their church, and it offers compassionate love and care to children and families in crisis.

As children and families connect with natural helpers through a church in their local community, and as they connect in relationships with people of faith, they are exposed to the gospel and have supportive friendships that last long after our other program services of MBCH have ended.

Partnership with Care Portal (careportal.org) is one of the primary ways in which we engage churches and those working in the community.

	STL	SE	Peculiar/Byrne Campus	Mt. Vernon/Hutchens Campus	Joplin	Springfield
FFC	X				X	X
TFC	X		X	X	X	X
FRD	X		X	X	X	X
SFS	X					
PS (In-Home)	X	X				
TLGH	X			X		
TLGH - PS	X					
TLSSA	X					X
Drop-in Center	X					
Chafee OY Srvcs			X	X	X	X
IDD			X (Country Haven)			X (Branches)
HVS			X			
Counseling Srvcs	X		X	X		X
Church Engag.	X		X		X	X